

Overdose: Prevention Response Resources & Supports

Opioids, like heroin, fentanyl, or prescription pain killers, can cause a person to overdose & stop breathing. **Narcan (Naloxone)** restores your ability to breathe allowing time to access medical attention. Naloxone comes as a nasal spray and is harmless if given to someone who is not overdosing.



Fentanyl, a powerful opioid, is being mixed into most street drugs including heroin, crack/cocaine, methamphetamine and pressed pills like Xanax, Oxycontin & Adderall. Assume your product has fentanyl in it: never use alone, start low and go slow, use fentanyl test strips. **Remember:** Mixing drugs also increases your risk of overdosing.



Call or Text QVHD at (203) 800-6749 to learn how to use Narcan, to receive a free Overdose kit or to obtain fentanyl test strips.

Never Use Alone

Overdose prevention line: Call and an operator will stay on the line with you while you use and monitor for overdose:
1-800-484-3731

Naloxone Saves Lives

The **Naloxone Overdose Response App** tells you how to respond to an overdose. Save it to your home screen on your phone!
NORASAVES.COM

DON'T BE AFRAID TO CALL 911!

CT Law Protects You!

See an overdose?



Call 911 immediately!

*The law does not protect someone from other charges or pre-existing warrants.

Treatment Options:

Walk In Treatment: APT Foundation

Substance Use Treatment, Primary Care, Outpatient Behavioral Health
Monday-Friday 8:30AM-11:30AM; 1 Long Wharf Drive, New Haven **203-781-4600**

Medication for Opioid Use Disorder - M.A.T.T.'s Van

Start treatment here! This is a mobile treatment unit, **call or text 203-494-5811** for more information on treatment & scheduling.

Dept. of Mental Health & Addiction Services (DMHAS) 24/7 Access Line:

Access to treatment for substance use disorders. Individuals from anywhere in Connecticut may call to help with linkage to residential detox. **1-800-563-4086**

Harm Reduction Services:

Sex Workers & Allies Network (SWAN)

Syringe Exchange, Overdose Prevention/Education, HIV Testing, Drug Treatment Access/Referral, Safer Sex Kits. Contact the mobile van (203) 935-5701

Yale's Community Health Care Van (CHCV)

Syringe Exchange, Narcan, Fentanyl Test Strips, Safe Use Kits, Drug Treatment, Primary Care & Mental Health Consultation: Call or Text Rolo Jr. 203-823-0743

Other Supports:

CT Community for Addiction Recovery (CCAR)

Support Groups, Computer Access, Telephone Support, Social Events | 1435 Chapel Street New Haven | Open 10AM-4PM Monday - Friday | (860) 999-1310 | www.ccar.us



QVHD

Quinpiack Valley Health District

CONNECT WITHOUT STIGMA

www.connectgnh.org

CONNECT@qvhd.org | 203-248-4528

LIVE Life With Opioid Use Disorder

Visit www.liveloud.org to chat with a recovery coach about treatment, recovery.