

Quarterly Prescription Monitoring and Reporting System Report, Connecticut, January 1, 2022 to June 30, 2022

Indicator	Population	Quarter 1, 2022		Quarter 2, 2022	
		Number	Rate	Number	Rate
22a: Rate of opioid analgesics, excluding all buprenorphine products (for MAT and for pain) prescribed per 1,000 residents, Connecticut overall and by Local Health Department/District (LHD)	3,603,448	315,185	87.47	315,798	87.64
Aspetuck Health District	45,091	2,257	50.05	2,320	51.45
Bethel Health Department	20,331	1,767	86.91	1,762	86.67
Bridgeport Health Department	148,698	12,497	84.04	12,524	84.22
Bristol-Burlington Health District	70,306	8,492	120.79	8,478	120.59
Brookfield Health Department	17,517	1,426	81.41	1,500	85.63
Central Connecticut Health District	98,670	7,858	79.64	7,717	78.21
Chatham Health District	61,729	6,767	109.62	6,833	110.69
Chesprocott Health District	54,248	4,749	87.54	4,589	84.59
Connecticut River Area Health District	46,394	4,886	105.32	4,790	103.25
Cromwell Health Department	14,203	1,407	99.06	1,466	103.22
Danbury Health Department	86,570	5,846	67.53	5,862	67.71
Darien Health Department	21,527	821	38.14	812	37.72
Durham Health Department	7,151	552	77.19	522	73.00
East Hartford Health Department	51,016	4,465	87.52	4,400	86.25
East Shore District Health Department	69,629	7,533	108.19	7,505	107.79
Eastern Highlands Health District	79,423	5,336	67.18	5,200	65.47
Essex Health Department	6,713	615	91.61	599	89.23
Fairfield Health Department	61,472	3,895	63.36	4,020	65.40
Farmington Valley Health District	109,903	7,923	72.09	7,843	71.36
Glastonbury Health Department	35,108	2,239	63.77	2,194	62.49
Greenwich Health Department	63,502	2,928	46.11	3,066	48.28
Guilford Health Department	22,045	1,719	77.98	1,830	83.01
Hartford Health Department	121,026	8,184	67.62	8,271	68.34
Housatonic Valley Health District	70,305	6,789	96.56	6,849	97.42
Ledge Light Health District	152,809	14,265	93.35	14,440	94.50
Madison Health Department	17,658	1,180	66.83	1,212	68.64
Manchester Health Department	59,693	5,084	85.17	5,262	88.15
Meriden Health Department	60,794	7,140	117.45	7,036	115.74
Middletown Health Department	47,676	4,965	104.14	4,815	100.99
Milford Health Department	51,954	5,808	111.79	5,938	114.29
Monroe Health Department	18,808	1,427	75.87	1,430	76.03
Naugatuck Valley Health District	126,201	14,313	113.41	14,501	114.90
New Britain Health Department	74,125	7,476	100.86	7,716	104.09
New Canaan Health Department	20,605	895	43.44	967	46.93
New Fairfield Health Department	13,570	1,191	87.77	1,219	89.83
New Haven Health Department	134,052	10,730	80.04	10,716	79.94
Newtown Health District	31,073	2,577	82.93	2,442	78.59
North Central District Health Department	164,144	17,103	104.20	16,836	102.57
Northeast District Department of Health	84,860	8,890	104.76	8,927	105.20
Norwalk Health Department	91,194	5,388	59.08	5,578	61.17
Orange Health Department	14,255	1,454	102.00	1,317	92.39
Plainville-Southington Regional Health District	65,180	6,433	98.70	6,550	100.49
Quinnipiack Valley Health District	99,670	8,302	83.29	8,576	86.04
Redding Health Department	8,742	483	55.25	474	54.22
Ridgefield Health Department	25,009	1,262	50.46	1,229	49.14



Injury and Violence Surveillance Unit
Connecticut Department of Public Health

Note: Data source is the Connecticut Prescription Monitoring and Reporting System

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Sharon Health Department	2,675	320	119.63	354	132.34
Sherman Health Department	3,521	212	60.21	216	61.35
Somers Health Department	10,254	816	79.58	845	82.41
South Windsor Health Department	26,903	2,052	76.27	2,047	76.09
Stamford Health Department	135,511	6,645	49.04	6,578	48.54
Stratford Health Department	52,265	5,189	99.28	5,348	102.32
Torrington Area Health District	132,798	15,410	116.04	15,490	116.64
Trumbull Health Department	36,742	2,857	77.76	2,794	76.04
Uncas Health District	100,093	10,975	109.65	10,870	108.60
Wallingford Health Department	44,317	4,196	94.68	4,185	94.43
Washington Health Department	3,644	289	79.31	253	69.43
Waterbury Health Department	114,426	12,445	108.76	12,399	108.36
West Hartford-Bloomfield Health District	85,479	5,259	61.52	5,133	60.05
West Haven Health Department	55,536	5,672	102.13	5,543	99.81
Westbrook Health Department	6,757	696	103.00	701	103.74
Wilton Health Department	18,465	913	49.44	959	51.94
Windsor Health Department	29,413	2,328	79.15	2,236	76.02

Notes: (1) LHD totals will not add up to the state total because not all prescriptions have LHD information available; (2) Please refer to "Indicator Definitions" section for more information on how values are derived



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Indicator	Population	Quarter 1, 2022		Quarter 2, 2022	
		Number	Rate	Number	Rate
22b: Rate of opioid analgesics, excluding all buprenorphine products (for MAT and for pain) dispensed per 1,000 residents, Connecticut overall and by Local Health Department/District (LHD)	3,603,448	17,500,216	4,856.52	17,507,875	4,858.65
Aspetuck Health District	45,091	102,498	2,273.14	104,421	2,315.78
Bethel Health Department	20,331	91,650	4,507.89	89,951	4,424.33
Bridgeport Health Department	148,698	703,889	4,733.68	697,912	4,693.48
Bristol-Burlington Health District	70,306	497,538	7,076.74	488,144	6,943.13
Brookfield Health Department	17,517	75,673	4,319.97	76,773	4,382.74
Central Connecticut Health District	98,670	412,816	4,183.80	406,328	4,118.05
Chatham Health District	61,729	391,350	6,339.81	390,181	6,320.87
Chesprocott Health District	54,248	268,801	4,955.04	257,826	4,752.73
Connecticut River Area Health District	46,394	280,447	6,044.90	271,563	5,853.41
Cromwell Health Department	14,203	70,845	4,988.03	70,692	4,977.26
Danbury Health Department	86,570	291,589	3,368.25	291,986	3,372.83
Darien Health Department	21,527	24,160	1,122.31	26,726	1,241.51
Durham Health Department	7,151	28,803	4,027.83	27,167	3,799.05
East Hartford Health Department	51,016	229,152	4,491.76	230,365	4,515.53
East Shore District Health Department	69,629	474,829	6,819.41	469,977	6,749.74
Eastern Highlands Health District	79,423	280,800	3,535.50	273,169	3,439.42
Essex Health Department	6,713	30,857	4,596.60	32,926	4,904.81
Fairfield Health Department	61,472	197,583	3,214.19	202,463	3,293.59
Farmington Valley Health District	109,903	419,058	3,812.98	422,385	3,843.25
Glastonbury Health Department	35,108	105,672	3,009.90	104,249	2,969.38
Greenwich Health Department	63,502	133,620	2,104.19	138,928	2,187.77
Guilford Health Department	22,045	98,177	4,453.48	99,155	4,497.82
Hartford Health Department	121,026	389,896	3,221.59	395,666	3,269.26
Housatonic Valley Health District	70,305	398,286	5,665.12	402,125	5,719.72
Ledge Light Health District	152,809	801,881	5,247.60	794,606	5,199.99
Madison Health Department	17,658	61,951	3,508.35	61,852	3,502.77
Manchester Health Department	59,693	254,423	4,262.19	262,242	4,393.18
Meriden Health Department	60,794	438,400	7,211.23	442,752	7,282.82
Middletown Health Department	47,676	271,751	5,699.95	266,255	5,584.68
Milford Health Department	51,954	352,534	6,785.50	357,984	6,890.39
Monroe Health Department	18,808	77,995	4,146.91	79,579	4,231.13
Naugatuck Valley Health District	126,201	888,111	7,037.28	890,115	7,053.15
New Britain Health Department	74,125	406,660	5,486.14	413,267	5,575.26
New Canaan Health Department	20,605	33,145	1,608.59	33,807	1,640.72
New Fairfield Health Department	13,570	67,518	4,975.53	69,692	5,135.74
New Haven Health Department	134,052	644,188	4,805.51	634,666	4,734.48
Newtown Health District	31,073	138,054	4,442.88	133,077	4,282.72
North Central District Health Department	164,144	966,287	5,886.83	963,909	5,872.33
Northeast District Department of Health	84,860	519,196	6,118.27	526,538	6,204.78
Norwalk Health Department	91,194	264,857	2,904.32	269,400	2,954.14
Orange Health Department	14,255	77,415	5,430.73	69,935	4,906.00
Plainville-Southington Regional Health District	65,180	362,632	5,563.54	370,925	5,690.78
Quinnipiack Valley Health District	99,670	491,416	4,930.43	512,562	5,142.59
Redding Health Department	8,742	24,108	2,757.72	23,651	2,705.44
Ridgefield Health Department	25,009	50,733	2,028.59	50,380	2,014.45



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Sharon Health Department	2,675	18,321	6,848.97	18,321	6,848.79
Sherman Health Department	3,521	10,802	3,067.88	11,791	3,348.76
Somers Health Department	10,254	42,162	4,111.76	44,034	4,294.32
South Windsor Health Department	26,903	107,744	4,004.91	111,457	4,142.92
Stamford Health Department	135,511	311,146	2,296.09	305,595	2,255.13
Stratford Health Department	52,265	312,478	5,978.71	317,287	6,070.73
Torrington Area Health District	132,798	894,261	6,733.99	898,146	6,763.25
Trumbull Health Department	36,742	143,792	3,913.55	145,202	3,951.92
Uncas Health District	100,093	649,252	6,486.49	648,736	6,481.33
Wallingford Health Department	44,317	241,303	5,444.94	239,861	5,412.39
Washington Health Department	3,644	14,647	4,019.48	14,226	3,903.95
Waterbury Health Department	114,426	696,961	6,090.93	688,530	6,017.25
West Hartford-Bloomfield Health District	85,479	239,223	2,798.61	233,086	2,726.82
West Haven Health Department	55,536	362,614	6,529.35	358,254	6,450.84
Westbrook Health Department	6,757	42,509	6,291.11	42,078	6,227.32
Wilton Health Department	18,465	36,651	1,984.86	37,816	2,047.98
Windsor Health Department	29,413	121,817	4,141.60	117,544	3,996.33

Notes: (1) LHD totals will not add up to the state total because not all prescriptions have LHD information available; (2) Please refer to "Indicator Definitions" section for more information on how values are derived



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Indicator	Quarter 1, 2022			Quarter 2, 2022		
	Numerator	Denominator	Percent	Numerator	Denominator	Percent
23: Percent of patients receiving (by prescription and dispensed at a pharmacy) an average daily dose of 90 morphine milligram equivalents (MME) or more of opioid analgesics, across all opioids, excluding all buprenorphine products (for MAT and for pain)	11,858	147,335	8.0%	11,361	148,083	7.7%
25: Among opioid-naïve patients (i.e., patients who have not taken opioid analgesics in 45 days), excluding all buprenorphine products (for MAT and for pain), percent of patients prescribed long-acting/extended-release opioids	418	9,330	4.5%	448	9,104	4.9%
26: Percent of patient prescription days with overlapping opioid prescriptions, excluding all buprenorphine products (for MAT and for pain)	897,563	5,522,283	16.3%	900,592	5,581,986	16.1%
27: Percent of patient prescription days with overlapping opioid (excluding all buprenorphine products [for MAT and for pain]), and benzodiazepine prescriptions	990,227	5,522,283	17.9%	992,146	5,581,986	17.8%

Note: Please refer to "Indicator Definitions" section for more information on how values are derived



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Indicator Definitions

Indicator 22a: This indicator represents the number of opioid analgesic prescriptions that were prescribed to Connecticut residents within Connecticut during the given time period, per 100,000 Connecticut residents.

Indicator 22b: This indicator represents the number of opioid analgesic prescriptions that were dispensed to Connecticut residents within Connecticut during the given time period, per 100,000 Connecticut residents.

Indicator 23: This indicator represents the percent of Connecticut patients who were prescribed an average dose of 90 morphine milligram equivalents (MME) or more of opioid analgesic drugs per day, among all Connecticut residents who received an opioid analgesic prescription within Connecticut during the given time period.

The CDC recommends to use caution when prescribing opioids at any dosage and prescribe the lowest effective dose, and to avoid or carefully justify increasing dosage to ≥ 90 MME/day. Patients taking or exceeding 90 MMEs per day are at increased risk of unintentional drug overdose.

Indicator 25: This indicator represents the percent of Connecticut patients who were prescribed at least one long-acting/extended release opioid who had not been dispensed an opioid prescription in the previous 45 days, among all Connecticut residents who received a long-acting/extended release opioid prescription within Connecticut during the given time period.

Extended-release and long-acting opioids, which are available by prescription and come in several forms—pills, liquids, skin patches—often contain higher doses of medication than immediate-release opioids and opioid/non-opioid combination drugs. Because these medications can pose significant risks and safety concerns, new label requirements will stress that other treatment options should be considered before ER/LA opioid drugs. (<http://www.healthcommunities.com/chronic-pain/extended-release-long-acting-opioids-fda.shtml>)

Indicator 26: This indicator represents the percent of days during which Connecticut patients had more than one prescribed opioid prescription, among the sum of all prescribed opioid days for Connecticut residents within Connecticut in the given time period.

Indicator 27: This indicator represents the percent of days during which Connecticut patients had at least one opioid and at least one benzodiazepine prescription on the same day, among the sum of all prescribed opioid days for Connecticut residents within Connecticut in the given time period.

Indicator 24: This indicator represents the number of Connecticut patients receiving prescriptions for opioid analgesics from five or more prescribers dispensed at five or more pharmacies in a six-month period within Connecticut during the given time period, per 100,000 Connecticut residents.

