

Safe Storage & Disposal of Household Medications

Everyone has medications in their home, it's important you do your part to ensure medications are used properly and responsibly.



Almost 1/3 of Connecticut high school students misusing pain medications reported they were given them or took them from either their own home or someone else's (CT YRBS, 2017).



LOCK medications away and out of reach to prevent diversion, abuse or accidental overdose. Don't store medications in easily accessible locations such as the bathroom medicine cabinet or on the counter.

TIP: Get a lock bag that has a key lock that can help protect medications at home or on the go, *please note these bags are not indestructible.* Contact Kara Sepulveda at QVHD (203) 248-4528 to receive a free lock bag (*supply is limited*).



LIMIT how much you keep on hand and only buy what is realistically needed. Many times medications expire and go unused. **Monitor** what you do have on hand by keeping a log of what medications you have, expiration dates and how much you have of each medication.



DISPOSE Regularly sort through medications in the home and properly dispose of what is expired or no longer needed. Saving leftover medications increases risk for medication misuse.

(See backside of flyer for medication disposal locations)

TIP: Do not flush medications down the toilet! Flushing medications causes water pollution, negatively impacting our drinking water & environment.

Medication Drop Boxes



Most local police stations have medication drop boxes in their front lobby where you can drop off any unneeded medications year round. The boxes are safe, easy, and all drop offs are confidential, no questions asked.

Accessible daily, however, due to COVID we recommend calling ahead to confirm they are still open to the public.*

Accepted Items: Over the counter medications, prescription medications, medication samples, medications for household pets, medicated lotions or ointments

Drop off locations:

Ansonia

Police Department
2 Elm Street

Bethany

CT Troopers Office
631 Amity Road

Branford

Police Department
33 Laurel Street

Clinton

Police Department
170 East Main Street

East Hampton

Police Department
20 East High Street

Guilford

Police Department
400 Church Street

Hamden

Police Department
2900 Dixwell Avenue

Madison

Police Department
9 Campus Drive

Meriden

Police Department
50 West Main Street

Milford

Police Department
430 Boston Post Road

New Haven

Police Department
1 Union Avenue

North Haven

Police Department
8 Linsley Street

Portland

Police Department
265 Main Street

Shelton

Police Department
85 Wheeler Street

Seymour

Police Department
11 Franklin Street

Wallingford

Police Department
135 North Main Street

Westbrook

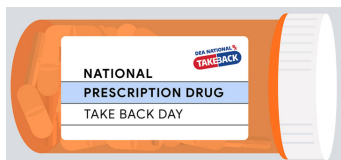
Resident State Troopers Office
315 Spencer Plains Road

West Haven

Police Department
200 Saw Mill Road

Woodbridge

Police Department
4 Meetinghouse Lane



National Prescription Drug Take Back Day is a bi-annual event that allows residents across the U.S. to safely dispose of any unneeded or expired medications. Pop up locations are available across the state typically on the last Saturday in April & October from 10AM-2PM where you can safely and conveniently drop off medications, no questions asked.

Visit <https://takebackday.dea.gov/> to find an event near you.